Regular Line

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	BREAKFAST	LUNCH	DINNER
M	Cinnamon Rolls	Chicken Noodle Soup	Soup Du Jour
O	Oatmeal/Grits	Cream of Broccoli Soup	Meat Loaf/Brown Gravy
N	Eggs to Order/Hardboiled Eggs	Country Fried Steak	Au Gratin Potatoes
	Grilled Ham	Creole Fish	Asparagus
	Cream Sausage Gravy	Mashed Potatoes/Gravy	Carrots
	Hashbrowns	Steamed Broccoli	Panini Roll
	Blueberry Pancakes	Creamed Corn	
	Biscuits/Breakfast Gravy	Dinner Roll	
T	Bran Muffin	Navy Bean Soup	Soup Du Jour
U	Oatmeal/Grits	Vegetable Soup	New England Boiled Dinner
Е	Eggs to Order/Hardboiled Eggs	Polish Sausage with Peppers	With
$\overline{S}$	Oven Baked Bacon	Chicken Tenders	Potatoes
~	Corned Beef Hash	Onion Rings	Carrots
	Lyonnaise Potatoes	Green Beans	Cabbage
	French Toast	Hoagie Rolls	Horseradish
	Biscuits/Breakfast Gravy	Troughe Roms	Cornbread
117		Minastrona Coun	
W	Blueberry Muffin	Minestrone Soup	Soup Du Jour
Е	Oatmeal/Cream of Wheat	Cream of Asparagus Soup	Stuffed Pork Chop Gravy
D	Eggs to Order/Hardboiled Eggs	Cabbage Rolls	Stir Fried Rice
	Sausage Patty	Spaghetti with Meat Sauce	Turnip Greens
	Creamed Chipped Beef	Mixed Vegetables	Squash Medley
	Baked Beans/Cornbread	Collard Greens	Panini Rolls
	Home Fried Potatoes	Garlic Bread	
	Biscuit/Breakfast Gravy		
T	Coffee Cake	Cream of Mushroom Soup	Soup Du Jour
Η	Oatmeal/Grits	Split Pea Soup	Fried Chicken
U	Eggs to Order/Hardboiled Eggs	Fish Strips	Macaroni and Cheese
R	Grilled Ham	Meatball Sub	Green Peas
S	Corned Beef Hash	Lima Beans	Steamed Beets
	O'Brien Potatoes	Corn on the Cob	Golden Dinner Roll
	Strawberry Pancakes		
	Biscuit/Breakfast Gravy		
F	Cinnamon Rolls	New England Clam Chowder	Soup Du Jour
R	Oatmeal/Grits	Knickerbocker Soup	Grilled Ham Steak
I	Eggs to Order/Hardboiled Eggs	Assorted Pizza	Mashed Potatoes
-	Oven Baked Bacon	Tuna Salad/Croissant	Green Beans
	Scrapple Scrapple	Cauliflower	or
	Hashbrowns	Blackeye Peas	Eggs to Order
	French Toast	Blackeye Teas	Belgian Waffle/Strawberries
	Biscuit/Breakfast Gravy		Biscuits Grits
S		Cream of Potato Soup	Soup Du Jour
	Blueberry Muffin Oatmeal/Cream of Wheat	±	-
A		Vegetable Soup	Veal Scallopini Garlia Smashed Patetage
T	Eggs to Order/Hardboiled Eggs	Lasagna	Garlic Smashed Potatoes
	Sausage Patties	Sweet and Sour Ribs	Broccoli & Cheese
	Creamed Ground Beef	Oven Fried Potatoes	Country Corn
	Lyonnaise Potatoes	Oriental Vegetables	Dinner Rolls
	Buttermilk Pancake	Club Spinach	
	Biscuit/Breakfast Gravy		
S	Danish Pastry	Cream of Tomato Soup	Soup Du Jour
U	Oatmeal/Grits	Turkey Noodle Soup	Whole Roast Turkey
N	Eggs to Order/Hardboiled Eggs	Crab Cakes	Cranberry Sauce
	Grilled Ham Slice	Grilled Chopped Steak/Gravy	Cornbread Dressing
	Oven Baked Bacon	Loaded Potato Casserole	Asparagus Casserole
	Baked Beans/Cornbread	Carrots Amadine	Corn on the Cob
	Hashbrowns	Green Beans	Panini Rolls
	Biscuit/Breakfast Gravy		
DF	SSERTS		DAILY SHORT ORDER LINE
Mo		L Apple Pie, No Sugar Added	Grilled Hamburger
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DESS	SERTS		DAILY SHORT ORDER LINE
Mon	Lemon Meringue Pie	DL Apple Pie, No Sugar Added	Grilled Hamburger
Tues	Peanut Butter Cookies	DL SF Tapioca Pudding	Grilled Hotdog(M,T,Th,F,S,Su)
Wed	Choc Layer Cake	DL Choc Cake with Cherries	Grilled Chicken Breast
Thurs	Rice Pudding	DL Sponge Cake with Fruit	Grilled Cheese Sandwich
Fri	Sweet Potato Pie	DL Cheesecake	Sauerkraut/Chili
Sat	Boston Cream Pie	DL Cherry Pie, No Sugar Added	Lettuce/Tomato/Onion
Sun	Walnut Cream Cake	DL Banana Pudding, Sugar Free	Steak Fries
			Assorted Cold Cuts (Wed Only)

Assorted Cold Cuts (Wed Only Swiss Cheese (Wed Only)

# Diet Line Menu #4 – Week of October 2 – 8, 2006

Items with DL before the menu name indicates this item has been modified to be lower in calories, fat and/or sodium than the Regular line item. The Diet Line is designed to promote healthier eating and can be used to adhere to most modified diets. Residents who require a therapeutic diet are advised to make an appointment with the Registered Dietitian for one-on-one consultation.

MOatmeal/GritsDL Cream of Broccoli SoupSoup Du JourOEggbeatersBaked FishMeat Loaf/DL GravyNHardboiled EggsBrown RiceDL Au Gratin PotatoesDL Ham SlicesSteamed BroccoliWax BeansCalico CornBiscuit/DL GravyYellow Squash/OnionsPanini RollTOatmeal/GritsDL Vegetable SoupSoup Du JourUEggbeatersBaked Chicken TendersRoast BeefEHardboiled EggsBaked PotatoesBoiled PotatoesSTurkey BaconGreen BeansCarrotsDL Lyonnaise PotatoesBaked Tomato HalvesCabbageBiscuit/DL GravyBaked Tomato HalvesCabbageWOatmeal/Cream of WheatDL Minestrone SoupBaked Pork ChopEEggbeatersDL Stir Fried RiceDHardboiled EggsMixed VegetablesBoiled OkraTurkey Sausage PattyGarlic BreadSquash MedleyBiscuit/DL GravyGarlic BreadSquash MedleyTOatmeal/GritsDL Cream of Mushroom SoupSoup Du JourHEggbeatersLemon Baked CatfishBaked ChickenUHardboiled EggsCarrotsDL Macaroni and CheeseRTurkey BaconCollard GreensOriental Vegetables		BREAKFAST	LUNCH	DINNER
O         Eggbeaters DL Hardboiled Eggs DL Ham Slices Biscuit/DL Gravy         Baked Fish Brown Rice DL Au Gratin Potatoes         Meat Loaf/DL Gravy DL Au Gratin Potatoes           T         Oatmeal/Gritis DL Vegetable Soup Eggbeaters Baked Chicken Tenders Baked Chicken Tenders Baked Potatoes         Soup Du Jour Boiled Potatoes           B Hardboiled Eggs Turkey Bacon DL Lyonnaise Potatoes Biscuit/DL Gravy         Baked Tomato Halves Baked Pork Chop DL Stir Fried Rice Biscuit/DL Gravy         Baked Potatoes DL Stir Fried Rice Boiled Okra Squash Medley Biscuit/DL Gravy         Baked Pork Chop DL Stir Fried Rice Boiled Okra Squash Medley Biscuit/DL Gravy Garlie Bread Panini Roll         DL Stir Fried Rice Boiled Okra Squash Medley Boiled Okra Squash Medley Biscuit/DL Gravy Garlie Bread Panini Roll         Squash Medley Panini Roll           T Oatmeal/Grits DL Gravy DL Gravy Biscuit/DL Gravy Collard Greens Biscuit/DL Gravy Biscuit/DL Gravy Biscuit/DL Gravy Collard Greens Collard Greens DL Macaroni and Cheese Oriental Vegetables Steamed Beets Golden Dinner Rolls Steamed Beets Golden Dinner Rolls Steamed Beets Golden Dinner Rolls Collard Greens California Mix Collard Green Beans	М			
Nardboiled Eggs   Brown Rice   DL Au Gratin Potatoes			_	-
Dl. Ham Slices   Steamed Broccoli   Wax Beans   Calico Corn   Panini Roll				
Biscuit/DL Gravy	1			
T         Oatmeal/Grits         DL Vegetable Soup Baked Chicken Tenders         Soup Du Jour Roast Beef           E         Hardboiled Eggs         Baked Chicken Tenders         Roast Beef           E         Hardboiled Eggs         Baked Potatoes           S         Turkey Bacon DL Lyonnaise Potatoes Biscuit/DL Gravy         DL Minestrone Soup         Cabbage           W         Oatmeal/Cream of Wheat Eggbeaters         DL Minestrone Soup Spaghetti with Sauce         DL Stir Fried Rice           D         Hardboiled Eggs         Mixed Vegetables         Boiled Okra           Turkey Sausage Patty Biscuit/DL Gravy         Garlic Bread         Panini Roll           T         Oatmeal/Grits         DL Cream of Mushroom Soup Lemon Baked Catfish         Soup Du Jour           H         Eggbeaters         Lemon Baked Catfish         Baked Chicken           U         Hardboiled Eggs         Carrots         DL Macaroni and Cheese           Turkey Bacon Biscuit/DL Gravy         Collard Greens         Steamed Beets Golden Dinner Rolls           F         Oatmeal/Grits         DL Vegetable Soup         Vegetarian Cutlet           I         Hardboiled Eggs         Cauliflower         Vegetarian Cutlet           I         Hardboiled Eggs         Cauliflower         Vegetable Lasagna           Biscuit/				
U         Eggbeaters         Baked Potatoes         Roast Beef           S         Turkey Bacon         Green Beans         Carrots           DI. Lyonnaise Potatoes         Baked Tomato Halves         Cabbage           Biscuit/DL Gravy         DL Minestrone Soup         Baked Pork Chop           E         Eggbeaters         Spaghetti with Sauce         DL Stir Fried Rice           D         Hardboiled Eggs         Mixed Vegetables         Boiled Okra           Turkey Sausage Patty         Galifornia Blend         Squash Medley           Biscuit/DL Gravy         Garlie Bread         Panini Roll           T         Oatmeal/Grits         DL Cream of Mushroom Soup         Soup Du Jour           H         Eggbeaters         Lemon Baked Catfish         Baked Chicken           U         Hardboiled Eggs         Carrots         DL Macaroni and Cheese           Turkey Bacon         Collard Greens         Oriental Vegetables           Biscuit/DL Gravy         DL Knickerbocker Soup         Soup Du Jour           R         Eggbeaters         DL Veggie Pizza         Vegetarian Cutlet           I         Hardboiled Eggs         Cauliflower         DL Mashed Potatoes           Turkey Bacon         Snow Peas         Green Beans           <	Т		1	
E Hardboiled Eggs S Turkey Bacon DL Lyonnaise Potatoes Biscuit/DL Gravy  W Oatmeal/Cream of Wheat E Eggbeaters D Hardboiled Eggs Turkey Sausage Patty Biscuit/DL Gravy  T Oatmeal/Grits U Hardboiled Eggs Carrots D L Minestrone Soup Biscuit/DL Gravy Biscuit/DL Gravy  Biscuit/DL Gravy  T Oatmeal/Grits D L Cream of Mushroom Soup Biscuit/DL Gravy Biscuit/DL Gravy  DL Cream of Mushroom Soup Biscuit/DL Gravy  DL Cream of Mushroom Soup Biscuit/DL Gravy Biscuit/DL Gravy  DL Cream of Mushroom Soup Biscuit/DL Gravy  DL Macaroni and Cheese Collard Greens Collard Greens DL Macaroni and Cheese Oriental Vegetables Steamed Beets Golden Dinner Rolls Carlots Cauliflower DL Mashed Potatoes California Mix  S Oatmeal/Grits DL Veggie Pizza Turkey Bacon Biscuit/DL Gravy  DL Vegetable Soup California Mix  S Oatmeal/Cream of Wheat A Eggbeaters DL Vegetable Soup California Mix S Oatmeal/Cream of Wheat A Eggbeaters DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy  DL Vegetable Soup California Mix S Oatmeal/Gravy DL Vegetables DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy  DL Turkey Noodle Soup Soup Du Jour Segphaters DL Gravy DL Turkey Noodle Soup Grilled Chopped Steak/Gravy N Hardboiled Eggs DL Potato Casserole Biscuit/DL Gravy Baked Pork Chop DL Stir Fried Rice Boiled Vegetables DL Gravy Baked Pork Chop DL Stir Fried Rice Boiled Vegetables DL Garlic Smashed Potatoes Biscuit/DL Gravy Soup Du Jour Whole Roast Turkey Baked Sweet Potatoes Baked Pork Chop DL Stir Fried Rice Boiled Vegetables Daked Sweet Potatoes Baked Pork Chop DL Starkey Sausage Link Mushrooms w/Onions Asparagus Carrot Almandine			1	
S Turkey Bacon DL Lyonnaise Potatoes Biscuit/DL Gravy  W Oatmeal/Cream of Wheat E Eggbeaters D Hardboiled Eggs Turkey Sausage Patty Biscuit/DL Gravy  Hardboiled Eggs California Blend T Oatmeal/Grits U Hardboiled Eggs Biscuit/DL Gravy California Blend Carrots DL Stir Fried Rice Boiled Okra Squash Medley Panini Roll  T Oatmeal/Grits DL Cream of Mushroom Soup Hardboiled Eggs Carrots DL Macaroni and Cheese D'Intervential Vegetables Biscuit/DL Gravy DL Macaroni and Cheese Collard Greens Biscuit/DL Gravy F Oatmeal/Grits DL Knickerbocker Soup DL Vegetables Steamed Beets Golden Dinner Rolls DL Mashed Potatoes Green Beans California Mix  S Oatmeal/Gram of Wheat A Eggbeaters T Hardboiled Eggs Turkey Bacon Biscuit/DL Gravy DL Vegetable Lasagna T Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy DL Turkey Noodle Soup U Eggbeaters DL Gravy DL Turkey Noodle Soup U Eggbeaters DL DL Vegetable Eggs Turkey Sausage Link Biscuit/DL Gravy DL Potato Casserole Baked Pork Chop DL Stir Fried Rice Baked Pork Chop DL Stir Fried Rice Baked Pork Chop DL Stir Fried Rice Biscuit Pol Stir Fried Rice Bisked Chicken DL Squash Medley Panini Roll Soup Du Jour Vegetables Steamed Beets Golden Dinner Rolls Soup Du Jour Soup Du Jour DL Vegetable Soup Soup Du Jour Soup Du Jour Soup Du Jour Soup Du Jour Stewed Tomatoes Biscuit/DL Gravy DL Turkey Noodle Soup Grilled Chopped Steak/Gravy DI Jour Whole Roast Turkey Whole Roast Turkey Baked Sweet Potatoes Baked Pork Chop Baked Pork Chop DL Stir Fried Rice Baked Pork Chop DL Sturkey Sausage Link Mushrooms w/Onions Asparagus Carrot Almandine				
DL Lyonnaise Potatoes Biscuit/DL Gravy  W Oatmeal/Cream of Wheat E Eggbeaters D Hardboiled Eggs Turkey Sausage Patty Biscuit/DL Gravy  W Oatmeal/Cream of Wheat E Eggbeaters D Hardboiled Eggs Turkey Sausage Patty Biscuit/DL Gravy Garlic Bread DL Cream of Mushroom Soup H Eggbeaters U Hardboiled Eggs Turkey Bacon Biscuit/DL Gravy DL Knickerbocker Soup Biscuit/DL Gravy California Blend Biscuit/DL Gravy DL Cream of Mushroom Soup H Eggbeaters U Hardboiled Eggs Carrots Collard Greens Biscuit/DL Gravy DL Knickerbocker Soup DL Vegetables DL Vegetable Soup Turkey Bacon Biscuit/DL Gravy DL Vegetable Soup Cauliflower DL Mashed Potatoes Biscuit/DL Gravy DL Vegetable Soup California Mix S Oatmeal/Cream of Wheat DL Vegetables DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy DL Turkey Noodle Soup Turkey Bacon Biscuit/DL Gravy DL Potato Casserole Baked Pork Chop DL Stir Fried Rice Boiled Okra Squash Medley Panini Roll Soup Du Jour Soup Du Jour Baked Chicken DL Macaroni and Cheese Oriental Vegetables Soup Du Jour Vegetables DL Mashed Potatoes Green Beans California Mix Soup Du Jour Braised Veal DL Garlic Smashed Potatoes DL Garlic Smashed Potatoes DL Garlic Smashed Potatoes Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Whole Roast Turkey Baked Chicken DL Agparagus Carrot Almandine				
Biscuit/DL Gravy				
W Oatmeal/Cream of Wheat E Eggbeaters			Bakea Tomato Harves	Cassage
E Eggbeaters	W		DL Minestrone Soup	Baked Pork Chop
D Hardboiled Eggs Turkey Sausage Patty Biscuit/DL Gravy Garlic Bread Panini Roll Soup Jour Hardboiled Eggs Carrots DL Knickerbocker Soup Biscuit/DL Gravy Biscuit/DL Gravy Biscuit/DL Gravy DL Knickerbocker Soup Biscuit/DL Gravy Bacon Biscuit/DL Gravy DL Veggie Pizza Vegetarian Cutlet DL Mashed Potatoes Turkey Bacon Biscuit/DL Gravy DL Vegetable Soup DL Veggie Pizza Vegetarian Cutlet DL Mashed Potatoes Turkey Bacon Biscuit/DL Gravy DL Vegetable Soup DL Jour Vegetable Soup DL Jour Vegetable Soup DL Vegetable Lasagna Braised Veal DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy Bacon Biscuit/DL Gravy Boaled Vegetables DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy Bacon Biscuit/DL Gravy Boaled Vegetable Soup Vegetable Soup DL Garlic Smashed Potatoes DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy Bacon Biscuit/DL Gravy Boaled Vegetable Soup Soup Du Jour Wegetable Soup Stewed Tomatoes Biscuit/DL Gravy Bacon Biscuit/DL Gravy Bacon Biscuit/DL Gravy Boaled Soup Soup Du Jour Wegetable Soup Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Mole Roast Turkey Baked Sweet Potatoes Turkey Sausage Link Mushrooms w/Onions Asparagus Carrot Almandine	Е	Eggbeaters		•
Turkey Sausage Patty Biscuit/DL Gravy Garlic Bread Panini Roll  T Oatmeal/Grits DL Cream of Mushroom Soup H Eggbeaters U Hardboiled Eggs R Turkey Bacon Biscuit/DL Gravy  F Oatmeal/Grits DL Knickerbocker Soup Biscuit/DL Gravy DL Veggie Pizza Vegetarian Cutlet Hardboiled Eggs Cauliflower Cauliflower Biscuit/DL Gravy  S Oatmeal/Cream of Wheat A Eggbeaters DL Vegetable Soup Vegetable Lasagna Braised Veal DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy  S Oatmeal/Grits DL Turkey Noodle Soup DL Gravy DL Turkey Noodle Soup U Eggbeaters DL Potato Casserole Turkey Sausage Link Biscuit/DL Gravy Green Beans California Mix Soup Du Jour A Eggplant Casserole Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Whole Roast Turkey Baked Chicken Bake	D			Boiled Okra
Biscuit/DL Gravy Garlic Bread Panini Roll  T Oatmeal/Grits DL Cream of Mushroom Soup H Eggbeaters U Hardboiled Eggs Carrots DL Macaroni and Cheese Oriental Vegetables Biscuit/DL Gravy DL Knickerbocker Soup R Eggbeaters DL Veggie Pizza U Hardboiled Eggs DL Veggie Pizza U Hardboiled Eggs Turkey Bacon Biscuit/DL Gravy DL Veggie Pizza Vegetarian Cutlet DL Mashed Potatoes Green Beans California Mix  S Oatmeal/Cream of Wheat A Eggbeaters DL Vegetable Soup Vegetable Lasagna Biscuit/DL Gravy DL Gravy Soup Du Jour Soup Du Jour Braised Veal DL Vegetable Soup Vegetable Lasagna Braised Veal DL Graric Smashed Potatoes Biscuit/DL Gravy DL Gravy S Oatmeal/Grits DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy DL Turkey Noodle Soup Soup Du Jour Soup Du Jour Braised Veal DL Graric Smashed Potatoes Eggplant Casserole Stewed Tomatoes Dinner Rolls Soup Du Jour Soup Du Jour Braised Veal DL Gravy Soup Du Jour Braised Veal DL Graric Smashed Potatoes Biscuit/DL Gravy DL Turkey Noodle Soup Soup Du Jour Braised Veal DL Gravy Soup Du Jour Braised Veal DL Graric Smashed Potatoes Biscuit/DL Gravy Braised Veal				Squash Medley
T Oatmeal/Grits			Garlic Bread	
H Eggbeaters U Hardboiled Eggs Carrots Collard Greens Biscuit/DL Gravy Collard Greens Steamed Beets Golden Dinner Rolls Steamed Beets Golden Dinner Rolls Collard Greens Collard Greens Steamed Beets Golden Dinner Rolls Collard Greens Collard Cheses Collard Greens Collard Cheses Collard Ches	T	Oatmeal/Grits	DL Cream of Mushroom Soup	Soup Du Jour
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Biscuit/DL Gravy  F Oatmeal/Grits  DL Knickerbocker Soup  R Eggbeaters  DL Veggie Pizza  Cauliflower  DL Mashed Potatoes  Turkey Bacon  Biscuit/DL Gravy  Soup Du Jour  Vegetarian Cutlet  DL Mashed Potatoes  Green Beans  California Mix  S Oatmeal/Cream of Wheat  A Eggbeaters  T Hardboiled Eggs  DL Creamed Ground Beef  DL Lyonnaise Potatoes  Biscuit/DL Gravy  Biscuit/DL Gravy  DL Turkey Noodle Soup  U Eggbeaters  DL Turkey Noodle Soup  Grilled Chopped Steak/Gravy  N Hardboiled Eggs  DL Potato Casserole  Turkey Sausage Link  Biscuit/DL Gravy  Green Beans  California Mix  Soup Du Jour  Soup Du Jour  Braised Veal  DL Garlic Smashed Potatoes  Eggplant Casserole  Stewed Tomatoes  Dinner Rolls  Soup Du Jour  Whole Roast Turkey  Whole Roast Turkey  Baked Sweet Potatoes  Asparagus  Carrot Almandine	U	Hardboiled Eggs	Carrots	DL Macaroni and Cheese
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R Eggbeaters DL Veggie Pizza Vegetarian Cutlet I Hardboiled Eggs Cauliflower DL Mashed Potatoes Turkey Bacon Snow Peas Green Beans Biscuit/DL Gravy California Mix  S Oatmeal/Cream of Wheat Vegetable Soup Vegetable Lasagna Braised Veal T Hardboiled Eggs Boiled Vegetables DL Garlic Smashed Potatoes DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy DL Turkey Noodle Soup U Eggbeaters Grilled Chopped Steak/Gravy Whole Roast Turkey N Hardboiled Eggs DL Potato Casserole Turkey Sausage Link Mushrooms w/Onions Biscuit/DL Gravy Green Beans Carrot Almandine		Biscuit/DL Gravy		Steamed Beets Golden Dinner Rolls
I Hardboiled Eggs	F	Oatmeal/Grits	DL Knickerbocker Soup	Soup Du Jour
Turkey Bacon Biscuit/DL Gravy  S Oatmeal/Cream of Wheat A Eggbeaters T Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy  S Oatmeal/Grits DL Turkey Noodle Soup S Oatmeal/Grits DL Turkey Noodle Soup U Eggbeaters DL Turkey Noodle Soup T Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy DI Turkey Noodle Soup Turkey Noodle Soup Turkey Noodle Soup S Oatmeal/Grits DL Turkey Noodle Soup Turkey Sausage Link Biscuit/DL Gravy Green Beans  California Mix California Mix Soup Du Jour Braised Veal DL Garlic Smashed Potatoes Eggplant Casserole Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Baked Sweet Potatoes Asparagus Carrot Almandine	R	Eggbeaters	DL Veggie Pizza	Vegetarian Cutlet
Biscuit/DL Gravy  S Oatmeal/Cream of Wheat A Eggbeaters T Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy  S Oatmeal/Grits DL Turkey Noodle Soup U Eggbeaters DL Turkey Noodle Soup T Hardboiled Eggs DL Turkey Noodle Soup U Eggbeaters DL Turkey Noodle Soup Turkey Sausage Link Biscuit/DL Gravy  California Mix Soup Du Jour Braised Veal DL Garlic Smashed Potatoes Eggplant Casserole Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Baked Sweet Potatoes Asparagus Carrot Almandine	I	Hardboiled Eggs	Cauliflower	DL Mashed Potatoes
S Oatmeal/Cream of Wheat A Eggbeaters T Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy  Soup Du Jour Braised Veal DL Garlic Smashed Potatoes Eggplant Casserole Stewed Tomatoes Dinner Rolls  Soup Du Jour Braised Veal DL Garlic Smashed Potatoes Stewed Tomatoes Stewed Tomatoes Dinner Rolls  Soup Du Jour Soup Du Jour Whole Roast Turkey Whole Roast Turkey Baked Sweet Potatoes Turkey Sausage Link Biscuit/DL Gravy Green Beans Green Beans Carrot Almandine		Turkey Bacon	Snow Peas	Green Beans
A Eggbeaters Vegetable Lasagna Braised Veal T Hardboiled Eggs Boiled Vegetables DL Garlic Smashed Potatoes DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy Biscuit/DL Gravy Dinner Rolls  S Oatmeal/Grits DL Turkey Noodle Soup U Eggbeaters Grilled Chopped Steak/Gravy N Hardboiled Eggs DL Potato Casserole Turkey Sausage Link Biscuit/DL Gravy Green Beans Carrot Almandine		Biscuit/DL Gravy		California Mix
T Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy But DL Turkey Noodle Soup U Eggbeaters DL Potato Casserole Turkey Sausage Link Boiled Vegetables Harvard Beets Biscuit/DL Gravy DL Gravic Smashed Potatoes Eggplant Casserole Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Whole Roast Turkey Baked Sweet Potatoes Asparagus Carrot Almandine	S	Oatmeal/Cream of Wheat	DL Vegetable Soup	
DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy Dinner Rolls  S Oatmeal/Grits DL Turkey Noodle Soup U Eggbeaters Crilled Chopped Steak/Gravy N Hardboiled Eggs Turkey Sausage Link Biscuit/DL Gravy Green Beans  Eggplant Casserole Stewed Tomatoes Soup Du Jour Whole Roast Turkey Whole Roast Turkey Baked Sweet Potatoes Asparagus Carrot Almandine	A	Eggbeaters	Vegetable Lasagna	Braised Veal
DL Lyonnaise Potatoes Biscuit/DL Gravy  Dinner Rolls  S Oatmeal/Grits DL Turkey Noodle Soup U Eggbeaters CFilled Chopped Steak/Gravy N Hardboiled Eggs Turkey Sausage Link Biscuit/DL Gravy DL Potato Casserole Mushrooms w/Onions Biscuit/DL Gravy Green Beans Stewed Tomatoes Dinner Rolls Soup Du Jour Whole Roast Turkey Baked Sweet Potatoes Asparagus Carrot Almandine	T			DL Garlic Smashed Potatoes
Biscuit/DL Gravy  Dinner Rolls  S Oatmeal/Grits  DL Turkey Noodle Soup  U Eggbeaters  N Hardboiled Eggs  Turkey Sausage Link  Biscuit/DL Gravy  Dinner Rolls  Soup Du Jour  Whole Roast Turkey  Baked Sweet Potatoes  Asparagus  Carrot Almandine		DL Creamed Ground Beef	Harvard Beets	Eggplant Casserole
S Oatmeal/Grits DL Turkey Noodle Soup U Eggbeaters Grilled Chopped Steak/Gravy N Hardboiled Eggs DL Potato Casserole Baked Sweet Potatoes Turkey Sausage Link Mushrooms w/Onions Asparagus Biscuit/DL Gravy Green Beans Carrot Almandine		DL Lyonnaise Potatoes		Stewed Tomatoes
UEggbeatersGrilled Chopped Steak/GravyWhole Roast TurkeyNHardboiled EggsDL Potato CasseroleBaked Sweet PotatoesTurkey Sausage LinkMushrooms w/OnionsAsparagusBiscuit/DL GravyGreen BeansCarrot Almandine		Biscuit/DL Gravy		Dinner Rolls
NHardboiled EggsDL Potato CasseroleBaked Sweet PotatoesTurkey Sausage LinkMushrooms w/OnionsAsparagusBiscuit/DL GravyGreen BeansCarrot Almandine	S	Oatmeal/Grits	DL Turkey Noodle Soup	<del>*</del>
Turkey Sausage Link Mushrooms w/Onions Asparagus Biscuit/DL Gravy Green Beans Carrot Almandine	U	Eggbeaters	1 2	Whole Roast Turkey
Biscuit/DL Gravy Green Beans Carrot Almandine	N	Hardboiled Eggs	DL Potato Casserole	Baked Sweet Potatoes
		Turkey Sausage Link	Mushrooms w/Onions	
Panini Rolls		Biscuit/DL Gravy	Green Beans	
DDE AVEACT CTANDADD MENI I ITEMS				

### BREAKFAST STANDARD MENU ITEMS

Prunes, Bagel, English Muffin, Syrup, SF Syrup, Bananas, Grapefruit Sections, Fruit Deluxe, Applesauce, Cream Cheese

# STANDARD MENU ITEMS ALL MEALS

Asst Bread, Asst Dry Cereal, Asst Juice, Asst Milk, Asst Beverages, Coffee, Decaf Coffee, Tea, Tea Bags, Butter, Margarine, Sugar, Sugar Substitute, Salt Pepper, Asst Condiments

### STANDARD SALAD BAR ITEMS FOR LUNCH/ DINNER

Lettuce garnished w/romaine leaves, Cherry Tomatoes, Cucumbers, Chopped Onions, Celery Sticks, Sliced Pickles, Carrot Sticks, Shredded Cheese, Coleslaw, Bacon Bits, Sliced Beets, Sliced Peppers, Broccoli Florets, Green Olives, Jalapeno or Banana Peppers, Sugar Free Jello

#### STANDARD SALAD DRESSINGS

Bleu Cheese, Catalina French, Ranch, Thousand Island, Fat Free Italian, Balsamic Vinegar, White Vinegar, Olive

# DAILY SALAD BAR ROTATION

Mon: Pineapple Chunks, Macaroni Salad

Tue: Peach Slices, Marinated Cucumbers

Wed: Pear Halves, Potato Salad

Thurs: Pineapple Slices, German Tomato Salad

Fri: Apricot Halves, Three Beans Salad Sat: Mandarin Oranges, Pasta Salad

Sun: Fruit Cocktail, Carrot & Raisin Salad